



Virtually Monitored Concussion Return-to-Play Protocol FAQ

Does the Virtually Monitored Concussion Return-to-Play Protocol (V-MCRTPP) replace the In-Person Concussion Return-to-Play Protocol (IPCRTPP)?

No, the V-MCRTPP should rather be viewed as an adjunct as it is not intended to replace to our current IPCRTPP. A concussed student-athlete's (SA) progress can be assessed and documented entirely in person, entirely virtual, or a combination of both.

When doing a combination of IPCRTPP and V-MCRTPP should the checklists for stages 1-5 (pages 2-6) only be completed when doing the V-MCRTPP?

The checklists are required as documentation of the V-MCRTPP session(s). Although not required, the checklists may be used to document the IPCRTPP session(s) as well.

Can first responders monitor the V-MCRTPP?

No, the V-MCRTPP can be monitored by a Licensed Physician, Licensed Athletic Trainer, Licensed Physician Assistant, Licensed Nurse Practitioner or a Licensed Neuropsychologist.

Why does an adult have to be present when the V-MCRTPP is used?

An adult observer (e.g. coach, parent/legal custodian or their designee) must be present with the student-athlete (SA) during each stage of the V-MCRTPP to provide consent and assist with emergency care if needed.

Should each session of the V-MCRTPP be recorded if capable to do so?

You need to check with your employer in regards to recording sessions and potential HIPAA and FERPA implications.

Do Return-to-Learn (RTL) modifications have to be removed before beginning the V-MCRTPP, even if they are all virtual learning?

If a student athlete is in need of a RTL plan or modifications, they should have completed the RTL plan and the modifications are no longer needed prior to beginning the IPCRTPP or V-MCRTPP.

Should the SA have an in-person meeting with the individual monitoring the V-MCRTPP?

An in-person meeting between the SA and the individual monitoring the V-MCRTPP is strongly recommended but not required. The NCHSAA recommends that the in-person meeting take place in conjunction with stage 5 if at all possible.