

Safety Targets

Talking Points for Rockingham Co Schools



Surry Insurance: Your loss prevention partner

Safety Requirements for Ladders:

Falls from portable ladders (step, straight, combination and extension) are one of the leading causes of occupational fatalities and injuries.

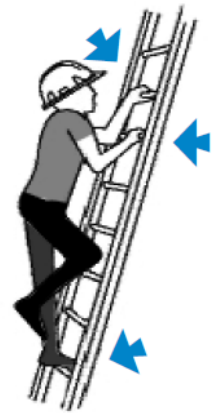
- Maintain ladders in good condition.
- Inspect ladders frequently (relative to their use).
- Do not use ladders with defects.
- Train employees in the hazards associated with ladders.
- Use nonconductive ladders near electrical equipment.
- Face the ladder when ascending and descending.
- Ensure ladders are placed at the proper angle of one-fourth the working length of the ladder from the vertical wall.
- Slippery walking/work surfaces can contribute to falls.

- Ensure the top step is not used on stepladder (unless so designed by manufacturer/qualified person).



- Ensure ladders are used only for the purpose intended.
- Do not exceed the maximum load rating of a ladder. Be aware of the ladder's load rating and of the weight it is supporting, including the weight of any tools or equipment.

Always maintain 3-point of contact (two hands and a foot, or two feet and a hand) on the ladder when climbing. Keep your body near the middle of the step and always face the ladder while climbing.



3-Point Contact

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Source NCDOL and USDOL

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